

# Gain the skills and confidence you need to be the BEST babysitter on the block!



Created with input from youth like you, this fun, fast-paced course includes hands-on activities, exciting video, role-plays and lively discussion to teach you how to --

- Supervise children and infants
- Perform basic child-care skills such as diapering and feeding.
- Choose age-appropriate games and toys.
- Handle bedtime and discipline issues.
- Identify safety hazards and prevent injuries.
- Care for common injuries and emergencies such as choking, burns, cuts and bee stings.
- Make good decisions and keep yourself safe.
- Communicate effectively with parents.
- Find and interview for babysitting jobs.

## Enroll in a class today!

Saturday, Feb 18	9am-4pm	\$90	Police Station Community Room
Saturday, April 14	9am-4pm	\$90	Police Station Community Room
Saturday, June 16	9am-4pm	\$90	Police Station Community Room
Saturday, Sept 15	9am-4pm	\$90	Police Station Community Room

To register for class, go to [www.milfordrec.com](http://www.milfordrec.com) and download registration form pdf submit with payment to the Milford Recreation Dept office located in the basement of the Milford Town Hall or mail to 1 Union Square, Milford NH 03055.

***We must have 8 participants pre-registered before Friday before the start of the class in order to run class. Please register early!***

## Cool Take-Home Training Material Help You Get the Job Done Right

At your Babysitter's Training class, you'll receive excellent materials to help you be prepared and professional, including:

- **Babysitter's Training Handbook** - full color handbook filled with great information and resources to use in class and on the job.
- **Babysitter's Training Emergency Reference Guide** - this easy-to-carry, compact booklet provides step-by-step instructions to handle common emergencies.

- **Babysitter's Training CD-ROM** - provides tools to run your babysitting business, including babysitter organizer; a printable activity booklet with games, songs and recipes; a resume template; and more

